The routes connect frequently visited local facilities via the quietest roads and greenways suitable for families. The routes are based on ideas and experiences of the local community and are categorised depending on your method of travel and experience.

This map is intended to highlight local connections and is recommended to be used in conjunction with other cycling and walking maps for journeys beyond the scope of this map. For more information go to www.thinktravel.info

Sustrans would like to say a massive thank you to all those who have contributed to the production of this map.

Happy walking and cycling!

Sustrans is the charity making it easier for people to walk and cycle. Join us on our journey: www.sustrans.org.uk

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