

<b>S</b> SATURDAY	<b>S</b> SUNDAY	<b>M</b> MONDAY	<b>T</b> TUESDAY	<b>W</b> WEDNESDAY	<b>T</b> THURSDAY	<b>F</b> FRIDAY	<b>S</b> SATURDAY
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<b>21<sup>st</sup> APR</b>	<b>22<sup>nd</sup> APR</b>	<b>23<sup>rd</sup> APR</b>	<b>24<sup>th</sup> APR</b>	<b>25<sup>th</sup> APR</b>	<b>26<sup>th</sup> APR</b>	<b>27<sup>th</sup> APR</b>	<b>28<sup>th</sup> APR</b>
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<b>Blow Dry Bar BOOTS</b> 08.00 - 16.30 (£5)  <b>Complimentary Consultation + £10 Gift Certificate</b> NICHOLAS WHITE 10.00 - 19.00 (Free)  <b>Banish Uncomfortable Bras</b> JOYCE BROOKS LINGERIE 10.30 - 16.00 (Free)  <b>Jasmine Sambac &amp; Marigold Event</b> JO MALONE 11.00 - 16.00 (Free)  <b>Vegan Beauty Workshop</b> THE BODY SHOP 12.00 - 16.00 (Free)  <b>Bath Bomb Making</b> LUSH COSMETICS 12.00 - 16.00 (£3.50)  <b>Victory Roll Demonstration</b> MONROSE 13.00 - 14.00 (£5)	<b>Makeup Masterclass</b> THE BODY SHOP 11.00 - 15.00 (Free)  <b>Bath Bomb Making</b> LUSH COSMETICS 12.00 - 15.00 (£2.95)  <b>Beauty from within</b> Image Skincare LAURA LEIGH 10.00 - 12.30 (Free)  <b>Haircare Workshop</b> LUSH COSMETICS 12.00 - 15.00 (Free)  <b>Taster Treatments &amp; Free Glass of Fizz</b> CHAPEL SPA 17.00 - 19.30 (Free)  <b>Afternoon Tea</b> With Margaret Dabbs at MARGARET DABBS 2pm-6.30pm  <b>Hot Towel Shave</b> at MARTIN & PHELPS	<b>Community Fair Trade Masterclass</b> THE BODY SHOP All Day (Free)  <b>Kerastase Hair &amp; Scalp Masterclass</b> LAURA LEIGH 9.00 - 11.00 (Free)  <b>Ren And Filorga Skincare Event</b> MARKS & SPENCER 10.00 - 16.00 (Free)  <b>Change Your View</b> SPECSAVERS 10.00 - 16.00 (Free)  <b>MySkin Consultations</b> CYGNINI CLINIC 10.00 - 16.00 (Free)  <b>Hand Massage Using Thesis Natural Beauty Products</b> NUTRITION CENTRE 12.00 - 14.00 (Free)  <b>Shower Workshop (&amp; Product Making)</b> LUSH COSMETICS 12.00 - 15.00 (£7.50)  <b>Microderm Bar</b> CYGNINI CLINIC 18.00 - 21.00 (£15)  <b>Mandelic Peel Bar</b> CYGNINI CLINIC 18.00 - 21.00 (£50)  <b>Cosmetic Facial Acupuncture</b> NEALS YARD 18.30 - 19.30 (Free)	<b>Stress Less For Student Skin!</b> THE BODY SHOP All Day (Free)  <b>Kerastase Hair &amp; Scalp Masterclass</b> LAURA LEIGH 9.00 - 11.00 (Free)  <b>Emma Hardy Skincare Event</b> MARKS & SPENCER 10.00 - 16.00 (Free)  <b>Change Your View</b> SPECSAVERS 10.00 - 16.00 (Free)  <b>Mini Manicures With Laura Leigh</b> MOLTON BROWN 12.00 - 14.00 (Free)  <b>Mask Off!</b> THE BODY SHOP 12.00 - 16.00 (Free)  <b>Skincare Workshop</b> LUSH COSMETICS 12.00 - 15.00 (Free)  <b>Lunch With Margaret Dabbs</b> COWLEY MANOR 12.30 - 15.30 (£25)  <b>Champagne Evening With Made For Life</b> HATHERLEY MANOR SPA 18.00 - 20.00 (£5)  <b>Beauty Inside &amp; Out</b> NEALS YARD 18.30 - 19.30 (Free)  <b>An Evening With Margaret Dabbs And EmerginC</b> COWLEY MANOR 19.00 - 21.00 (£20)	<b>Hand Massage With Jessie Whiteley</b> NUTRITION CENTRE 10.00 - 14.00 (Free)  <b>Emma Hardy Skincare Event</b> MARKS & SPENCER 10.00 - 16.00 (Free)  <b>Change Your View</b> SPECSAVERS 10.00 - 16.00 (Free)  <b>Mini Manicures With Laura Leigh</b> MOLTON BROWN 12.00 - 14.00 (Free)  <b>Mask Off!</b> THE BODY SHOP 12.00 - 16.00 (Free)  <b>Skincare Workshop</b> LUSH COSMETICS 12.00 - 15.00 (Free)  <b>Lunch With Margaret Dabbs</b> COWLEY MANOR 12.30 - 15.30 (£25)  <b>Champagne Evening With Made For Life</b> HATHERLEY MANOR SPA 18.00 - 20.00 (£5)  <b>Beauty Inside &amp; Out</b> NEALS YARD 18.30 - 19.30 (Free)  <b>An Evening With Margaret Dabbs And EmerginC</b> COWLEY MANOR 19.00 - 21.00 (£20)	<b>Pixi Makeup Event</b> MARKS & SPENCER 10.00 - 16.00 (Free)  <b>Bare Minerals Bare Pro Event</b> HOUSE OF FRASER 10.00 - 16.00 (Free)  <b>Cowley Spa Therapists</b> LAURA LEIGH 10.00 - 16.00 (Free)  <b>No 7 Coffee Morning</b> BOOTS 10.30 - 12.30 (£5)  <b>Hopes Relief - Skincare Advice</b> NUTRITION CENTRE 11.00 - 13.00 (Free)  <b>Skincare Masterclass</b> THE BODY SHOP 12.00 - 16.00 (Free)  <b>Feed Fortify Finish</b> MARTIN & PHELPS 12.00 - 13.00 (Free)  <b>Visia Skin Analysis</b> MARTIN & PHELPS 14.00 - 19.00 (Free)  <b>Chanel Make Up Artist</b> HOUSE OF FRASER 16.00 - 19.00 (£10)  <b>Girl's Night In</b> HOUSE OF FRASER 17.00 - 19.00 (£5)  <b>Beauty Sleep</b> NEALS YARD 18.30 - 19.30 (Free)  <b>Wellbeing Through Concious Breathing</b> NEALS YARD 18.30 - 19.30 (Free)  <b>Evening At C Side Spa with EmerginC</b> COWLEY MANOR 19.00 - 21.00 (£20)	<b>Kerastase Fusio Friday Offer</b> LAURA LEIGH 9.00 - 18.00 (£10)  <b>Chanel Make Up Artist</b> HOUSE OF FRASER 10.00 - 16.00 (£10)  <b>Well-Being Day</b> THE BODY SHOP 10.00 - 16.00 (Free)  <b>Philip Kingsley Haircare Event</b> MARKS & SPENCER 10.00 - 16.00 (Free)  <b>Mini Spa Workshop</b> LUSH COSMETICS 12.00 - 15.00 (Free)  <b>Vegan &amp; Cruelty Free shout about</b> BOOTS 18.00 - 20.00 (Free)  <b>Photography Studio Taster - Vintage Style</b> MONROSE 11.00 - 16.00 (£15)  <b>Bath Bomb Making (Big Blue)</b> LUSH COSMETICS 12.00 - 16.00 (£3.50)  <b>Boss Dog, Groomers Of Cheltenham Party</b> MONROSE 14.00 - 16.00 (£5)  <b>Run Well With Supafoot</b> UP & RUNNING 16.00 - 20.00 (Free)	<b>Peeling Good</b> THE BODY SHOP 9.00 - 17.30 (Free)  <b>Pop Up Blow Dry And Make Up Bar</b> By Laura Leigh TOPSHOP 10.00 - 16.00 (Free)  <b>Glasses Showcase</b> HARPER & COOPER OPTICIANS 10.00 - 16.00 (Free)  <b>Pixi Makeup Event &amp; Percy And Reed Haircare Event</b> MARKS & SPENCER 10.00 - 16.00 (Free)  <b>Tokyo Tattoo X Topshop</b> TOPSHOP 10.00 - 18.00 (Free)  <b>Complimentary Consultation + £10 Gift Certificate</b> NICHOLAS WHITE 10.00 - 19.00 (Free)  <b>Photography Studio Taster - Vintage Style</b> MONROSE 11.00 - 16.00 (£15)  <b>Bath Bomb Making (Big Blue)</b> LUSH COSMETICS 12.00 - 16.00 (£3.50)  <b>Boss Dog, Groomers Of Cheltenham Party</b> MONROSE 14.00 - 16.00 (£5)  <b>Run Well With Supafoot</b> UP & RUNNING 16.00 - 20.00 (Free)
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# ALL WEEK

21<sup>st</sup> - 28<sup>th</sup> APR

<b>Pamper Package Special</b> <i>Ina's Beauty will be offering a 30 minute back, neck, shoulder massage plus a 30 minute facial using Neal's Yard Remedies products for just £25 during Cheltenham Beauty Week. The normal price for the treatment is £50.</i> <b>INA'S BEAUTY &amp; MASSAGE</b> 9.00 - 17.00 (£25)	<b>Would you like straighter teeth?</b> <i>Would you like straighter teeth in as little as 3 months? In celebration of Cheltenham Beauty Week, we are offering a free initial assessment.</i> <b>REGENCY HOUSE DENTAL PRACTICE</b> 09:00 - 05:00 (Free)	<b>Wild Rose Radiance Ritual</b> <i>A bespoke treatment designed for Cheltenham Beauty Week. This hour and a half of sheer bliss involves a top to toe exfoliation and a full body massage including face and scalp with the Neal's Yard Remedies organic Wild Rose collection</i> <b>NEALS YARD</b> 10.00 - 17.00 (£55 usually £70)	<b>Benefit Brow Masterclass</b> <i>Appointments for the perfect Brow or glowing flawless complexion. Goody bag with three or more purchases</i> <b>HOUSE OF FRASER</b> 10.00 - 17.00 (Free)	<b>Bobbi Brown Instant Lip Wardrobe</b> <i>Day Work / Night. Masterclass on looking after your skin</i> <b>HOUSE OF FRASER</b> 10.00 - 17.00 (Free)	<b>Clarins Mini Spa</b> <i>Bright eyes facials &amp; spa red Chair treatments. Mini treats and GWP of £65 purchase. Join us in our SPA on the 1st floor</i> <b>HOUSE OF FRASER</b> 10.00 - 17.00 (Free)	<b>Elemis Beauty Room &amp; Gift with Purchase Event</b> <i>Beauty room open house to promote a 15 minute facial taster session also use of the legendary BIOTEC machine</i> <b>HOUSE OF FRASER</b> 10.00 - 17.30 (£10)	<b>Aveda Haircare Top Tips</b> <i>Look after your scalp! &amp; Top tips for great hair with our amazing range</i> <b>HOUSE OF FRASER</b> 13.00 - 16.00 (Free)
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23<sup>rd</sup> - 27<sup>th</sup> APR

**Celebrating CBW Spa Package Offer**  
*Guests can take advantage of the stunning spa facilities, including a heated outdoor pool, sauna, hot tub and steam room, a two course lunch and also enjoy a 55 minute Isha treatment, ensuring they leave feeling completely relaxed, rebalanced and revitalised*  
**ELLENBOROUGH PARK**  
10.00 - 18.00 (£65)

# CBW OFFERS

**ALL WEEK**  
15% OFF All Products at CHAPEL SPA

**ALL WEEK**  
£10 OFF Half day spa at THE GREENWAY ELAN SPA

**ALL WEEK**  
10% Discount OFF All Treatments At EXPERT EYEBROWS

**24-28<sup>th</sup> APRIL**  
Environ Skincare Facial Offer at MARTIN & PHELPS (£45)

**ALL WEEK**  
£150 OFF Teeth Whitening at MICHAEL SHIPWAY

**ALL WEEK**  
Free Contact Lens Advice at CHAPMAN OPTICIANS 9.00 - 17.00

**ALL WEEK**  
20% Discount at THE HIDEOUT

**ALL WEEK**  
10% OFF ESPA Skincare at THE GREENWAY ELAN SPA